

Washington Christian Academy
January 2011

Jan. 3 - 7	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Protein Entrée</i>	No School	Chicken Nuggets \$3.60	Beef Tacos \$3.60	Roast Turkey with Gravy \$3.60	Herb Baked Tilapia \$3.60
<i>Vegetarian Entrée</i>		Baked Potato Bar \$3.60	Cheese Ravioli \$3.60	Vegetable Fried Rice \$3.60	Pasta Primavera \$3.60
<i>Starch</i>		Mediterranean Cous Cous \$1.50	Breadstick \$1.50	Mashed Potatoes \$1.50	Steamed Rice \$1.50
<i>Vegetable</i>		Roasted Squash Duo \$1.25	Sautéed Spinach \$1.25	Green Beans \$1.25	Grilled Vegetable Medley \$1.25
<i>Wildcat Special</i>		Hamburger \$2.75	Chicken Cheese Steak \$3.95	Grilled Ham & Cheese \$2.75	Cheese Pizza \$3.60
<i>Desserts</i>		Yogurt, Granola and Fruit Cup \$2.10	Strawberry Shortcake \$1.35	Pumpkin Pie \$1.50	Assorted Cookies \$1.00

Meal Deal with one side - \$5.50. Your choice of entrée and side dish. Meal comes with fountain drink or milk pint.

Meal Deal with two sides - \$6.50. Your choice of entrée and two side dishes. Meal comes with fountain drink or milk pint.

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Jan. 10 - 14	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Protein Entrée</i>	Chicken Penne \$3.60	Spaghetti with Meat Sauce \$3.60	Chicken Fajita \$3.60	Pepperoni Pizza \$3.60	Seafood Paella \$3.60
<i>Vegetarian Entrée</i>	Veggie Burger \$3.60	Grilled Vegetable Wrap \$3.60	Cheese Quesadilla \$3.60	Baked Ziti \$3.60	Veggie Burger \$3.60
<i>Starch</i>	Roasted Potato Wedges \$1.50	Bread Stick \$1.50	Spanish Rice \$1.50	Baked Potato Wedges \$3.60	French Fries \$1.50
<i>Vegetable</i>	Mixed Vegetables \$1.25	Chef's Choice Vegetable \$1.25	Squash Duo \$1.25	Cole Slaw \$1.25	Buttered Peas \$1.25
<i>Wildcat Special</i>	Buffalo Chicken Wrap \$3.90	Grilled Cheese \$2.50	Hot Dog \$1.95	French Dip Sandwich \$3.60	Cheeseburger \$2.90
<i>Desserts</i>	Dirt Cup \$1.50	Peach Cobbler \$1.35	Cinnamon Sugar Churro \$1.00	CoCo Puff Treat \$1.00	Assorted Cookies \$1.00

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Meal Deal with two sides - \$6.50. Your choice of entrée and two side dishes. Meal comes with fountain drink or milk pint.

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Jan. 17 - 21	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Protein Entrée</i>	MLK Jr. Day School Closed	Chicken Patty Sandwich \$3.60	Stuffed Chicken Breast \$3.60	Supreme Pizza \$3.60	Crispy Cod Fillet \$3.60
<i>Vegetarian Entrée</i>		Spaghetti with Marinara or Alfredo \$3.60	Potato Gnocchi with Pesto Cream Sauce \$3.60	Baked Ziti \$3.60	Vegetable Fried Rice \$3.60
<i>Starch</i>		Bread Stick \$1.50	Wild Rice Blend \$1.50	Sweet Potatoes \$1.50	Parsley Potatoes \$1.50
<i>Vegetable</i>		Green Beans \$1.25	Baby Carrots \$1.25	Mixed Vegetables \$1.25	Steamed Broccoli \$1.25
<i>Wildcat Special</i>		Grilled Ham & Swiss Sandwich with Sliced Pears \$3.25	Chicken Caesar Wrap \$4.25	Falafel & Pita Sandwich \$3.25	Italian Sausage Sandwich \$3.00
<i>Desserts</i>		Peach Cobbler \$1.35	Apple Crisp \$1.35	Dirt Cup \$1.50	Brownie \$1.00

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Jan. 24 - 28	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Protein Entrée</i>	Sloppy Joe Sandwich \$3.60	Chicken Tenders \$3.60	Taco Salad \$3.60	Spaghetti & Meatballs \$3.60	Catfish and Hushpuppies \$3.60
<i>Vegetarian Entrée</i>	Pasta Fantastica \$3.60	Broccoli & Cheddar Quiche \$3.60	Tofu & Broccoli \$3.60	Penne with Portabella Cream Sauce \$3.60	Baked Potato Bar \$3.60
<i>Starch</i>	Oven Baked Fries \$1.50	Macaroni & Cheese \$1.50	Steamed Rice \$1.50	Breadstick \$1.50	Macaroni & Cheese \$1.50
<i>Vegetable</i>	Capri Blend Vegetables \$1.25	Mixed Vegetables \$1.25	Steamed Cauliflower \$1.25	Fresh Broccoli \$1.25	Collard Greens \$1.25
<i>Wildcat Special</i>	Grilled Chicken Breast Sandwich \$3.90	Grilled Reuben Sandwich with Potato Chips \$4.25	Grilled Cheese Sandwich \$2.50	Hot Dog \$1.95	Hamburger \$2.60
<i>Desserts</i>	Lemon Bar \$1.00	Chocolate Cake \$1.35	Brownies \$1.00	Dirt Cup \$1.50	Assorted Cookies \$1.00

Meal Deal with one side - \$5.50. Your choice of entrée and side dish. Meal comes with fountain drink or milk pint.

Meal Deal with two sides - \$6.50. Your choice of entrée and two side dishes. Meal comes with fountain drink or milk pint.

Washington Christian Academy Meal Pricing

Item	Price
Meal Deal with 1 side* and a 16 oz. fountain drink or milk	\$5.50
Meal Deal with 2 sides* and a 16 oz. fountain drink or milk	\$6.50
K-1 Kid's Meal Deal**	\$4.25
Salad (10 oz. bowl)	\$1.50
Salad Bar (one plate and is Meal Deal eligible)	\$3.60
Soup (10 oz.)	\$1.90
Desserts (not included with Meal Deal)	\$1.00 - \$2.10
"Grab & Go" Items	
Sandwiches/Wraps	\$4.25
Peanut Butter and Jelly Sandwich	\$1.50
Caesar Salad/Grilled Chicken Caesar Salad	\$4.80 - \$5.50
Fresh Fruit Salad	\$2.30
Chips	\$.90
Jello/Pudding Parfait	\$1.75
Beverages	
Fountain drink (16 oz.)	\$1.25
Milk (8 oz.)	\$1.00
Milk – Chug (16 oz.)	\$1.50
Vitamin Water	\$1.75
Bottled Gatorade	\$1.60
Bottled Water	\$1.20
Fountain Water	Free

5% Discount if you buy a month at a time:

Regular price for 20 Meal Deals with one side	\$110.00
Discounted price	\$104.50

**a side is a starch, vegetable, or bowl of salad*

*** a smaller portion of the main dish & side, plus milk and a dessert*